



WALLA WALLA AESTHETICS
AND LASER SPA

Instructions for Hair Removal Treatments

Before your treatment...

- Shave area to be treated the morning of hair removal treatment. Hair should be shaved cleanly. No waxing, tweezing or depilatories one month prior to treatment. Shaving the hair will manage hair between treatments.
- If patient has a history of herpes, prophylactic medications may be prescribed one week prior to treatment.
- Do not tan or use self-tanning products as they may cause adverse effects.
- Wear loose fitting clothing that allows comfort and modesty to the area to be treated.
- Please remove all jewelry.
- No restrictions in normal daily activities following a hair laser treatment.

After your treatment... (follow for one week after your treatment)

- Wash treated area gently with soap and water.
- Apply an Aloe Vera Gel twice daily to treated area.
- No shaving over treated area as long as area is red and/or swollen. Hair may remain for up to two weeks following your treatment. You may use a Loofa to remove loose hair after a treatment.
- Apply a broad spectrum UVA/UVB sunscreen with a SPF-30 and zinc or titanium dioxide daily to treated area if in the sun for at least 6 months following the laser treatment.
- Avoid hot tubs, swimming for one week afterward as chemicals can cause infection.
- Your skin may appear red or blotchy in the treated area for 24-48 hours after the laser treatment.
- If a blister appears, apply Aloe Vera gel to blistered area until resolved and contact us immediately. Keep clothing from rubbing blistered area.

If you have any questions or concerns, please call us at 509-540-5014